

FRESHMEN

FALL 2011

GUIDANCE NEWSLETTER www.winslowk12.org

You have just finished your 1st quarter of high school and all the choices you make in 9th grade will impact your post-high school options. To make sure that you are keeping "your doors open" use the checklist below as a guide to get the *most* out of your 9th grade year.

Maintain a good Grade Point Average (GPA).

Beginning this year your grades are officially documented on your high school transcript. The grades that you acquire this year will have a tremendous impact on your cumulative GPA.

Take challenging classes. Talk to your parents and counselor about developing strategies for maintaining your grades.

Start NOW—Get involved!

High school offers a variety of opportunities to get involved in sports, clubs, leadership or volunteer work. Not only does this help you stay connected to your school and community but *these types of activities are extremely important for job, scholarship and college applications.*

Talk with your parents about your post-high school plans. *Ask their advice about your career options.*

Thinking about playing sports in college?

Be sure that you are taking **ALL** of the right classes that will make you eligible. Ask your counselor!

Wednesday, Oct. 12th

One major focus of most students their freshman year has to do with getting their licenses. To address this milestone and all the responsibilities and sometimes harsh realities that go with attaining a drivers license, Winslow High School Freshman participated in a morning filled with various activities based on driver safety and education. Students learned about the graduated license process from a representative from AAA Northern New England. They also experienced what First Responders do at the scene of an accident through a recreation done by the Winslow Fire Department. Students had a hands on experience with testing and driving on Golf carts as well as trying to drive golf carts wearing drunk goggles. They tried their hand at a computer based driving simulator and watched and debriefed a documentary called "The Last Three Words" depicting a real life tragedy caused by texting and driving. Ask your child about their day!

ALL FRESHMEN VISIT UNIVERSITY OF MAINE AT AUGUSTA

On Thursday, Sept. 29th all freshmen students toured the University of Maine at Augusta thanks to Winslow's MELMAC grant. The goals of the MELMAC grant are to help high school students to go on to college and to help more college students persist to timely graduation.

MATH LABS

MATH LABS ARE AVAILABLE FOR ANY STUDENT WHO MAY BE STUGGLING IN MATH OR WHO MAY SIMPLY NEED HELP WITH THEIR HOMEWORK. SEE YOUR SCHOOL COUNSELOR OR YOUR MATH TEACHER IF YOU HAVE ANY QUESTIONS.