

# KENNEBEC VALLEY CONSOLIDATED SCHOOLS

## WATERVILLE-WINSLOW-VASSALBORO

WINSLOW JR. & SR. High BREAKFAST

MAY 2010

<i>JUICE CUPS OR FRUIT AND MILK CHOICES OFFERED DAILY!</i>				
3 FRENCH TOAST W/SYRUP AND HAM SLICE OR CEREAL AND TOAST	4 BAGEL/CREAM CHEESE OR CEREAL AND AN ENGLISH MUFFIN	5 CEREAL AND TOAST OR BAGEL W/CREAM CHEESE	6 HAM SLICE AND EGGS OR CEREAL AND ½ ENGLISH	7 EGG McMUFFIN OR BAGEL W/CREAM CHEESE
10 WHOLE WHEAT PANCAKES/SYRUP AND HAM SLICE OR BAGEL	11 CEREAL AND TOAST OR BAGEL W/CREAM CHEESE	12 EGG & HAM SLICE OR CEREAL AND TOAST	13 FRENCH TOAST STICKS W/SYRUP AND HAM  OR BAGEL	14 CEREAL AND TOAST OR MUFFIN
17 CEREAL AND TOAST OR BAGEL W/CREAM CHEESE	28 WHOLE WHEAT PANCAKES AND HAM SLICE OR BAGEL	29 FRENCH TOAST STICKSW/SYRUP OR CEREAL ½ ENGLISH	20 CEREAL AND TOAST OR BAGEL W/CREAM CHEESE	21 CEREAL AND TOAST OR MUFFIN
24 BAGEL AND CREAM CHEESE OR CEREAL AND TOAST	25 FRENCH TOAST STICKS W/SYRUP OR CEREAL AND ENGLISH MUFFIN	26 WHOLE WHEAT PANCAKES/SYRUP OR CEREAL AND TOAST	27 HAM SLICE AND EGGS OR BAGEL/CREAM CHEESE	28 JUMBO MUFFIN OR TOASTED ENGLISH MUFFIN

COMMENTS AND SUGGESTIONS WELCOME  
CALL BARBARA BONNELL, DIRECTOR-CHILD NUTRITION SERVICES  
873-2751 EXT. 2788 OR EMAIL: [bbonnell@fc.wtvl.k12.me.us](mailto:bbonnell@fc.wtvl.k12.me.us)

KENNEBEC VALLEY CONSOLIDATED SCHOOLS  
WATERVILLE-WINSLOW-VASSALBORO

WINSLOW SR. HIGH LUNCH MENU

MAY 2010

<p>3</p> <p>DELI SANDWICH BAR EXPRESS MIXED GREENS SALAD HOT TURKEY SANDWICH HAMBURGER CHICKEN FAJITA WRAP</p>	<p>4</p> <p>DELI SANDWICH BAR EXPRESS MIXED GREENS SALAD CHICKEN NUGGETS/FRIES HAM &amp; CHEESE CROISSANT</p>	<p>5</p> <p>DELI SANDWICH BAR EXPRESS MIXED GREENS SALAD TACO SALAD HAM HOAGIE OR TURKEY HOAGIE</p> <p>CINCO DE'MAYO!</p>	<p>6</p> <p>DELI SANDWICH BAR EXPRESS MIXED GREENS SALAD RIB A QUE SANDWICH CHICKEN QUESADILLA 2 HOT DOGS/ROLLS</p>	<p>7</p> <p>DELI SANDWICH BAR EXPRESS MIXED GREENS SALAD CHEF'S CHOICE</p>
<p>10</p> <p>DELI SANDWICH BAR EXPRESS MIXED GREENS SALAD CHICKEN ENCHILADDAS CHEESEBURGER BAKED POTATO/TOPPINGS</p>	<p>11</p> <p>DELI SANDWICH BAR EXPRESS MIXED GREENS SALAD BIG DADDY PIZZA PANINI SANDWICH</p>	<p>12</p> <p>DELI SANDWICH BAR EXPRESS MIXED GREENS SALAD MAC &amp; CHEESE/HAM HOT HAM OR TURKEY SANDWICH</p>	<p>13</p> <p>DELI SANDWICH BAR EXPRESS MIXED GREENS SALAD PASTA/SAUCE BBQ CHICKEN WRAP SOUP &amp; GRILLED CHEESE</p>	<p>14</p> <p>DELI SANDWICH BAR EXPRESS MIXED GREENS SALAD CHEF'S CHOICE</p>

<p>17  DELI SANDWICH BAR  EXPRESS MIXED GREENS  SALAD  BAKED PASTA  HAMBURGER  OR  CHEESEBURGER</p>	<p>18  DELI SANDWICH BAR  EXPRESS MIXED GREENS  SALAD  SHEPHERDS PIE  HOT HAM &amp; CHEESE  BEANS &amp; FRANKS</p>	<p>19  DELI SANDWICH BAR  EXPRESS MIXED GREENS  SALAD  SCHOOL MADE PIZZA  CHICKENBURGER</p>	<p>20  DELI SANDWICH BAR  EXPRESS MIXED GREENS  SALAD  BBQ RIBS/RICE  BBQ CHICKEN WRAP  PULLED PORK SANDWICH</p>	<p>21  DELI SANDWICH BAR  EXPRESS MIXED GREENS  SALAD  CHEF'S CHOICE</p>
<p>24  DELI SANDWICH BAR  EXPRESS MIXED GREENS  SALAD  CHICKEN QUESADILLA  HOT TURKEY &amp; CHEESE  SANDWICH</p>	<p>25  DELI SANDWICH BAR  EXPRESS MIXED GREENS  SALAD  CHICKEN NUGGETS/FRIES  HAM &amp; CHEESE CROISSANT</p>	<p>26  DELI SANDWICH BAR  EXPRESS MIXED GREENS  SALAD  FAJITA SALAD  HAMBURGER  BAKED POTATO/TOPPINGS</p>	<p>27  DELI SANDWICH BAR  EXPRESS MIXED GREENS  SALAD  BIG DADDY PIZZA  PANINI SANDWICH</p>	<p>28  DELI SANDWICH BAR  EXPRESS MIXED GREENS  SALAD  CHEF'S CHOICE</p>
<p>31  NO  SCHOOL  HOLIDAY</p>				

Comments and Suggestions Welcome  
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