

Raider Review

VOLUME 1 ISSUE 3


JUNE 11, 2009

SPECIAL POINTS OF INTEREST:

- N.H.S. Induction
- Students in the spotlight: Michael Carpenter, James Cassidy, Kirsten Violette, & Allyson Sylvester.
- Spring sports
- Allagash Waterway
- Book & Movie Reviews

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Can you find the Raider hidden within this issue? It looks like this: 

PROM *By Rachel Hall*



The prom is a great tradition hosted by the junior class at W.H.S. Preparations started at the beginning of the school, at which time the juniors picked prom heads and a theme. The prom heads this year were Jordyn Mallett and Rachel Hall, while the theme was "Las Vegas." The prom committee held many meetings

to plan out ideas for transforming the V.F.W. into a Las Vegas casino. The committee worked almost every Saturday to design and build decorations. With the amount of hard work and effort invested in creating the prom, those who worked on it believe that it turned out to be a great success.



Left: Playing cards with seniors' names on them create a memorable "2009."

Above: Prom Committee Members Sarah Pelletier and Sara Jackson proudly show off their decorations.

Large Group Festival *By Shaun McCutcheon*



Every year, bands and choruses from across the state come to perform at a musical festival known as Large Group Festival. The bands and choruses perform for a panel of three judges and receive scores based on the difficulty of the piece, the appearance of the group, the performance itself, and

the grade level of the group. Winslow has hosted the festival for a number of years, and Winslow students perform each year.

This year, Winslow once again hosted the Large Group Festival, but as a result of many schools' recent budget cuts, only two groups performed and only one judge evaluated the talent. Even Winslow's own junior high school did not attend the competition. Despite the lack of schools, Winslow musicians still played three difficult pieces and were given a high score for their efforts and for their performance.



Above: Mr. Hutchinson leads the band before the judge.

Left: Drummers Kody Price and Alex Stonier keep the beat.

Mr. Hutchinson hopes that next year, schools will once again be able to afford the costs to send their bands and choruses to compete in the Maine State Large Group Festival.

Spotlight on Students

By Sarah Babb & Kristen Loubier



Above: Michael Carpenter, freshman

Mike Carpenter
 Mike was born in Waterville and resides in Winslow. His hobbies include playing baseball and basketball.
 If you were an animal, what would you be? **Dog**
 If you could trade places with anyone, who would it be? **Ray Allen**
 If Hollywood made a movie about you, who would play the lead role? **Zach Braff**
 If you were a superhero, what power would you have? **Super strength**
 How would you describe yourself in three words? **Kind, funny, outgoing**
 If you could travel back in time, what time period would you choose? **1700s**

James Cassidy
 James was born in Waterville and currently resides in Winslow. Some of his hobbies include running track and playing his clarinet.
 If you were an animal, what would you be? **Eagle**
 If you could trade places with anyone, who would it be? **George Bush**
 If Hollywood made a movie about you, who would play the lead role? **Jim Carrey**
 If you were a superhero, what power would you have? **Flying**
 How would you describe yourself in three words? **Nice, intelligent, funny**
 If you could travel back in time, what time period would you choose? **The creation of Earth**



Above: James Cassidy, sophomore



Above: Kirsten Violette, junior

Kirsten Violette
 Kirsten was born in Rockport, and she currently resides in Winslow. Her hobbies include running, reading, and hanging out with friends.
 If you were an animal, what would you be? **Tiger**
 If you could trade places with anyone, who would it be? **Barack Obama**
 If Hollywood made a movie about you, who would play the lead role? **Kristen Bell**
 If you were a superhero, what power would you have? **Flying**
 How would you describe yourself in three words? **Humorous, quiet, outgoing**
 If you could travel back in time, what time period would you choose? **80s**

Allyson Sylvester
 Born in Waterville; currently resides in Winslow. Her hobbies include playing basketball and hanging out with friends.
 If you were an animal, what would you be? **Monkey**
 If you could trade places with anyone, who would it be? **Queen Elizabeth**
 If Hollywood made a movie about you, who would play the lead role? **Hillary Swank**
 If you were a superhero, what power would you have? **X-ray vision**
 How would you describe yourself in three words? **Fun, energetic, hilarious**
 If you could travel back in time, what time period would you choose? **50s**



Above: Allyson Sylvester, senior

Right: N.H.S. members assemble following the induction ceremony on April 30th.



N.H.S. By Katie Irwin

Becoming a member of the National Honor Society is a huge acknowledgment. In order to get inducted, students need to display character, leadership, scholarship, and service. To be eligible for consideration, a student must be maintaining a cumulative GPA of at least 3.0. Faculty members consult the activity sheets that students have filled out, and then they cast their votes. The N.H.S.

faculty council convenes to interpret the results, and then faculty members have an opportunity to comment before the final list is verified. This year's junior ceremony was held on April 30, and eight eleventh-graders were inducted: Jack Nivison, Jordyn Mallett, Rachel Hall, Cody Lachance, Nick Camic, Kim Curtis, Morgan Stuart, and Kara Bertolaccini.

Each student has displayed exceptional interest in academics, is involved in the community, and shows tremendous leadership. Being a part of the National Honor Society is an achievement all members will remember for the rest of their lives.



Tennis *By Joe McLean*



Above: Forest Franzose and Darren Veilleux warm up before their match on May 12th.

After getting off to a rough start, the members of the boys tennis team slowly but surely started to show their strengths. However, the

season came to an end when they lost a tight battle to Oak Hill in the last match of the year. Their 3-9 mark was an improvement over last season's record, but it wasn't quite enough to earn them a playoff spot. Senior captain Jake Pellerin said, "We are, we are, the youth of the nation. If you aren't first then you're last. We have really improved our game from last year. It has been a great season, but unfortunately it came to an end when we lost 2-3 against Oak Hill. I'll miss owning my opponents with Jim."

The girls team is looking very impressive. The Lady Raiders have

a record of 6-6, which puts them seventh in the standings as they head into playoffs. There are thirteen teams in the Eastern Class B conference, so Winslow is in a good spot. Senior leaders Emma Walters and Mindy Fowler have contributed their talent and effort to this winning team. The Raiders will host Mattanawcook on June 2nd in their first playoff match. Be there!



Above: Tennis players Jillian Dupuis, Courtney McCaslin & Brittni Martell board the bus for an away match.

"The Raiders... are crossing their fingers in hopes of getting into the playoffs."

Baseball *By Joe McLean*

As of June 2, the baseball team has a record of 7-7. The team is led by seven seniors, but all the players are stepping up and doing a good job. The time and effort are there, but now it's just going to take some execution. Coach Robin Weed is constantly saying, "We can't settle for the M word, which is 'mediocre.' We need to go out there and EXECUTE!" Sophomore catcher John McCabe recently brought up a good point: "The team is currently not having enough fun. I think that with a little bit more fun, the big wins that we need will start coming our way, and we should get red hot coming down the

stretch." After Johnny made his comment, the Raiders succeeded in winning a 12-inning game against a tough Maranacook squad. Unfortunately, the Raiders then lost two close games — one against Gardiner and one against Waterville.

In the standings, the Raiders are currently twelfth, and they are crossing their fingers in hopes of getting into the playoffs. Fourteen teams make the playoffs, and Winslow ends its season with games against MCI (home on 5/29) and Mt. View (away on 6/2). Neither game is worth very many Heal Points, but the Raiders remain confident and upbeat.



Above: Scott Siviski and Ben Sandy prepare for their home game.



Right: JV players get tips from coach Gunzinger before their game.

Softball *By Lindsay Gordon*

In losing to Medomak Valley earlier this year, the Winslow softball team suffered its first defeat of the season. The two teams battled for the entire game, with both teams remaining scoreless until the bottom of the sixth inning when Medomak loaded the bases with two outs and then scored on a passed ball. The final score was 1-0. Although this was a heartbreaker for the Raiders, they bounced back and played an amazing game on Monday against Lincoln Academy. Not only did the players look sharp defensively, but

they also got the bats working again. In the third inning they put some hits together and loaded the bases with one out, and they scored two runs before the inning was over. The Raiders shut out the Eagles that evening and won 3-0. This gave the team their seventh win of the season. After a succession of other games, the Raiders built their record to an impressive 11-2. On Tuesday, they had to face rival Waterville one more time. The Winslow squad had been successful earlier in the season when they faced

the Panthers, but this time both teams needed a win. The Panthers got their offense going early and jumped out to a 2-0 lead. The Raiders held Waterville to only two additional runs. Going into the bottom of the sixth inning, the Raiders were down 3-1, but they finally got the break they needed when Junior Kristen Loubier slid under a tag to score a run. The team ended up scoring two more runs that inning. In the top of the seventh the Panthers scored another run to tie the game and send it

into extra innings. The Raiders put two runners on base, and Julie Riordan scored off a double into right-center field to make the final score 5-4. At the time of this issue's publication deadline, the team has a record of 12-2.



Above: Julie Riordan and Kaitlyn Bernard in the dugout.

Track *By Neil Carnahan*



Above: Emily Wrigley, Camden Akins, Eric Bezanson and Ross Vernon are proud to be a part of such a strong team.

The Winslow track team has been making steady progress all season. On May 22, the team ventured to Fairfield to participate in The Community Cup Championships. Winslow competed against teams from Waterville and Messalonskee. The team has been getting consistent contributions from newcomers all year. Freshman Riley Jones won the 1600-meter race walk by nearly thirty seconds. Rookie thrower Ryan Pelletier won boys shot put, Kathryn Fedus won girls pole vault, and Christina Massey won girls

high jump. The relay teams all had strong showings, combining to finish a close second to rival Waterville. The boys track team came in third place, while the girls took second overall. Both teams are starting to gear up for the Kennebec Valley Athletic Conference meet, as well as for the state meet.

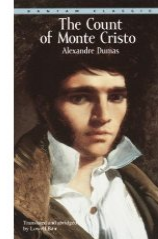


Above: Runners do one of their many laps during practice.

Book Review *By Christina Massey*

The Count of Monte Cristo, by Alexander Dumas, is the mind-puzzling story of a young man who is seeking revenge on those who have wronged him. Imagine being madly in love and having your life fall quickly into place after a long struggle to have it end up that way. Now imagine having all of it torn away from your grasp within just a day. Being locked up in prison for no legitimate reason, Edmond Dantes becomes very bitter towards those who are responsible for

his arrest and his losses. After many years in the prison, Dantes makes his escape and finds treasure that a wise friend had informed him about. After finding the treasure, Dantes takes on the name Count of Monte Cristo to hide his true identity in his quest to seek ultimate revenge on those who have betrayed him. If you're one who likes an adventure full of sweet revenge, then *The Count of Monte Cristo* is a book worth reading.



"If you are one who likes adventure . . . The Count of Monte Cristo is a book worth reading."

We welcome your questions for future issues. The box is in the library.



Lindsey and Haley's Mailbox

By Lindsey Lachance & Haley Levasseur

Dear Lindsey and Haley,
I have been stressed with finals, prom, and graduation coming up, and I feel like I don't have enough time for everything. What do I do?
From, Overwhelmed Friend

Dear Overwhelmed Friend,
 The end of the school year can be an extremely stressful time. Try not to think about everything all at once. Think about one thing at a time, and

when that event is over, start planning for what is coming next. There will be plenty of time for everything.

Dear Lindsey and Haley,
I have a bad case of "senioritis," and I can't get motivated to do my homework as the end of the year gets closer. What can I do?
From, Can't Wait to Graduate

Dear Can't Wait to Graduate,
 Graduation is a very exciting time, but even though every day it gets closer and closer to that date, you still need to focus on what is happening in the meantime. Think about your last summer vacation, and use it and your diploma as motivation. Only a few weeks remain, so stay focused. It will be graduation day in no time.

Outdoors *By Barrett Russell*



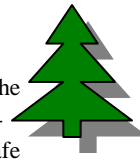
The Allagash

Many people in Maine forget about the Allagash, one of the natural beauties in this great state. For people who don't know what the Allagash is, it's a 92-mile connection of rivers, lakes, streams, and ponds. It stretches throughout Northern Maine and has been host to a number of famous outdoor enthusiasts, including American

author and poet Henry David Thoreau. The Allagash Waterway was opened in 1966 by the Maine legislature and has been protected ever since. It is also a part of the Northern Forest Canoe Trail, which is a 700-plus-mile water trail running through New York, Vermont, Quebec, New Hampshire and Maine.

When you are out on the Allagash, you know you are completely alone because there is no land ownership allowed. The closest land ownership is one mile from the edge of the water, and there is no cutting allowed within that one mile. State officials and wardens recommend that canoe trips should

not be attempted outside of the fee season (May 15th to October 1st) because of unsafe conditions. Children are allowed to make the trip as long as there is proper adult supervision. Traversing the waterway takes about 7-10 days, but many stay an extra 2-3 days in order to enjoy an additional weekend. The Allagash offers some excellent fishing, most notably for its naturally reproducing brook trout. If you're planning an outdoor trip, you can't miss with a trip to the Allagash, whether for a day or for a week and a half.



"...a blast for anyone looking for an escape..."



Movie Review *By Jack Nivison*

Star Trek

Running time: 126 minutes; *** 1/2 (3 1/2) out of **** (4)

Starting off the summer with a bang, *Star Trek* is a nonstop thrill ride and a perfect popcorn summer movie, even if you are not a "trekker" or a big *Star Trek* fan. In fact, *Trek* is more like *Star Wars* than anything else, which is one of its shortcomings in the third act. Beginning with a fantastic action sequence when the future Captain James T. Kirk (Chris Pine) is born, *Star Trek* barely lets up for its entire two-hour running time. The cast is one of the reasons this series

reboot is such a success, with Chris Pine as Kirk and Zachary Quinto as Spock leading the way with spot-on performances. Some of the supporting cast that bring more life to the film are Simon Pegg as Scotty, Karl Urban as "Bones" McCoy, and Eric Bana as the vengeful new villain, Nero. However, the cast does not need to bring any more life to the film because director J.J. Abrams has edited the film to produce a frantic pace and provide visual effects that are top-notch. The only

place *Trek* falters is in its script: A major plot reveal that comes about halfway through the film does not work as well as the writers could have hoped, and the third act feels like a fancied-up rehash of the original *Star Wars*, which Abrams used as a model. No matter how many *Star Wars* comparisons will be made, *Star Trek* is a blast for anyone looking for an escape in the coming summer weeks.

Brittney's Recipe Box *By Brittney Massey-Labbe*

Homemade Ice Cream in a Bag!

Summertime is most kids' favorite time of the year because it means no school and lots of fun. Summer is great for family time, pool parties and (most of all!) ice cream. Ice cream provides an easy way to cool down on hot days, and it is a great way to get people together. Here's a kid-friendly recipe to make delicious homemade ice cream:

Ingredients:

1 tablespoon sugar

- 1/2 cup milk or half & half
- 1/4 teaspoon vanilla
- 6 tablespoons rock salt
- 1 pint-size plastic food storage bag (e.g., Ziploc)
- 1 gallon-size plastic food storage bag
- Ice cubes

How to make it:

1. Fill the large bag half full of ice, and add the rock salt. Seal the bag.
2. Put milk, vanilla, and sugar into the small bag, and seal it.
3. Place the small bag inside the

- large one and seal it again carefully.
4. Shake until the mixture is ice cream, which takes about 5 minutes.
5. Wipe off the top of the small bag, and then open it carefully. Enjoy!

Tips:

A 1/2 cup of milk will make about one scoop of ice cream. Double the recipe if you want more, but don't increase the proportions more than that. A large amount might be too big for kids to pick up because the ice itself is heavy.



Recipe and picture from <http://crafts.kaboose.com/ice-cream-in-a-bag.html>

Trivia *By Adam LeClair*

1. For what does DNA stand?
2. What is the capital of Montana?
3. Who starred as Captain Kirk in the original Star Trek?
4. What is the largest living reptile?
5. Which nation produces the most spices?
6. Who was George Washington's vice president?
7. What is the tallest waterfall?
8. Which horse won this year's Kentucky Derby?
9. Who created *The Simpsons*?
10. Which hockey team has won the most Stanley Cups?

How to... *By Haley Madore*

How to be Happy

In a stressful society, being happy is a hard thing to achieve. Nobody is happy all the time, but some are definitely more fulfilled than others, and their joy doesn't seem to have much to do with material goods or high achievement. Here are a few tips to help achieve the happiness that most desire:

1. Relax, lighten up, and don't take yourself too seriously.
2. Smile. You will be surprised how much of an immediate effect smiling has on your mood.
3. Take the good with the bad. The past cannot be changed. Enjoy the present and look positively towards the future.
4. Be thankful; learn to be grateful for what you have.
5. Be yourself.
6. Pursue goals that make you happy; strive for long-term goals rather than short-term satisfaction.
7. Make someone else happy.
8. Dance, sing and laugh—even if you don't feel like it.
9. Forgive and forget.

One more tip: Don't think of happiness as a mood. Instead, think of it as a philosophy of life. It's a frame of mind—a way of re-adjusting your thoughts—not something you "feel" all the time. The three keys to happiness are: 1) Know thyself, 2) All things in moderation, and 3) Reach for the stars.



Spirit of America Award *By Katie Irwin*



On May 21, Mrs. Littlefield's Community-Based Learning class was granted the opportunity to present the Spirit of American Foundation Award, a truly unique and important recognition. The award is presented each year to any individual, organization, or community service club that displays volunteerism. These groups promote community service and give back to their town. The Winslow High School Community-Based Learning class got to choose the 2009 winners for the town of Winslow. The recipients for this memorable honor are the Kenya Club, headed by Mrs. Tello, the Multiple Sclerosis walk, which was led by Susan Morrisette, and the bike safety course, which was organized by Officer Josh Veilleux. Receiving the award is a huge accomplishment and honor, and Mrs. Littlefield's class enjoyed being able to be part of the recognition ceremony.

Faculty Focus

By Tyler Averill



Mr. Rollins

As the school year comes to an end, it's not just the seniors who are planning to fly the coop: Mr. Rollins is planning to retire. Being a part of the Winslow educational system for more than thirty years, serving as a class advisor four times, and surviving the recent renovation relatively unscathed, Mr. Rollins smiles as he reflects upon the times he has spent here at Winslow. During his career he has seen many changes. He finds that students, as well as he himself, need instant gratification. He attributes this to the streamlining of an already fast-paced lifestyle. Regardless of the changes, Mr. Rollins is thankful that the teachers have stayed consistent throughout the years. In his next chapter of life, Mr. Rollins will carry on the friendships he has created with students from his past and he will add new and exciting memories. Relaxation on the ocean and a trip to Thailand both await Mr. Rollins at the end of a dedicated career, and it is due in big part to this dedication that he will be greatly missed.

Answers to Trivia

1. Deoxyribonucleic acid
2. Helena
3. William Shatner
4. Saltwater crocodile
5. India
6. John Adams
7. Angel Falls
8. Mine That Bird
9. Matt Groening
10. Montreal Canadiens